

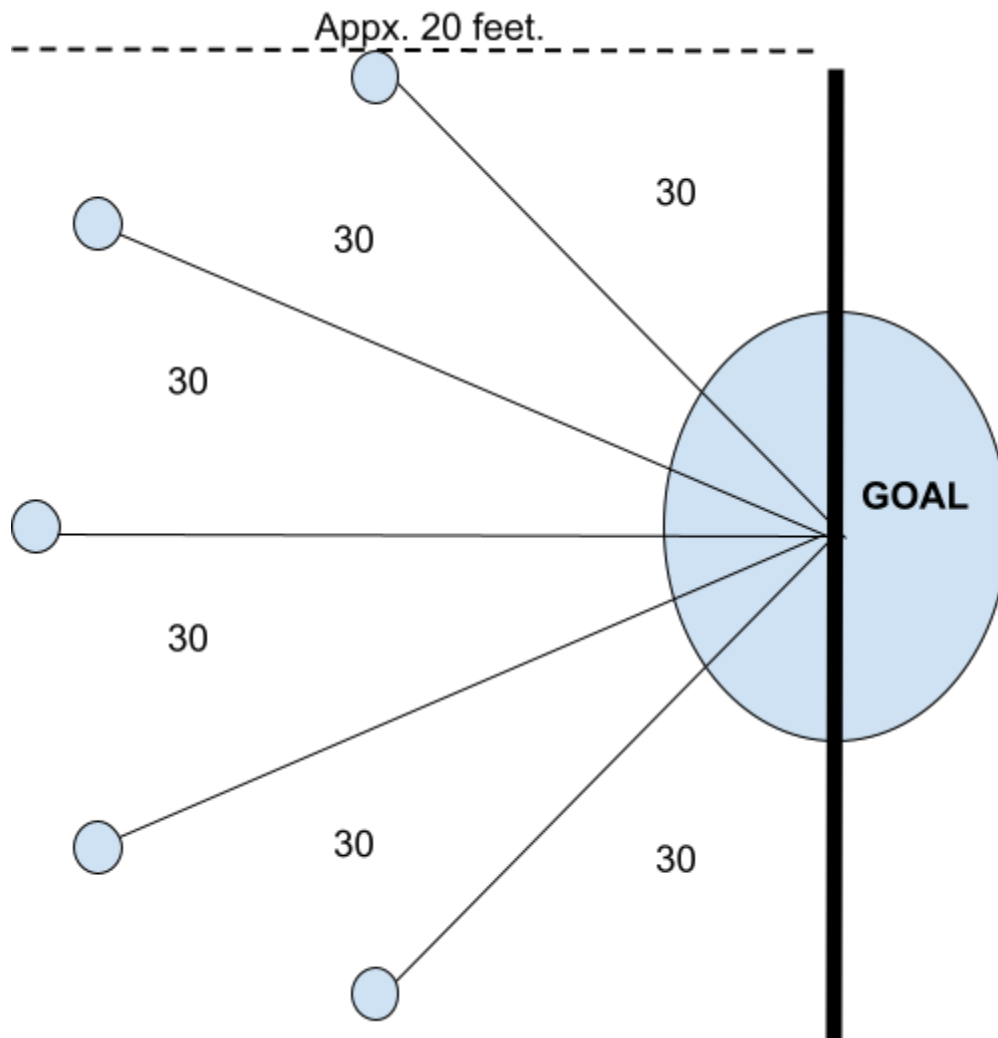
**Shoot Around the Goal:**

3 rounds: athletes will have 15 seconds to shoot all pucks into goal

- Mark ending time for each round for tie breaker

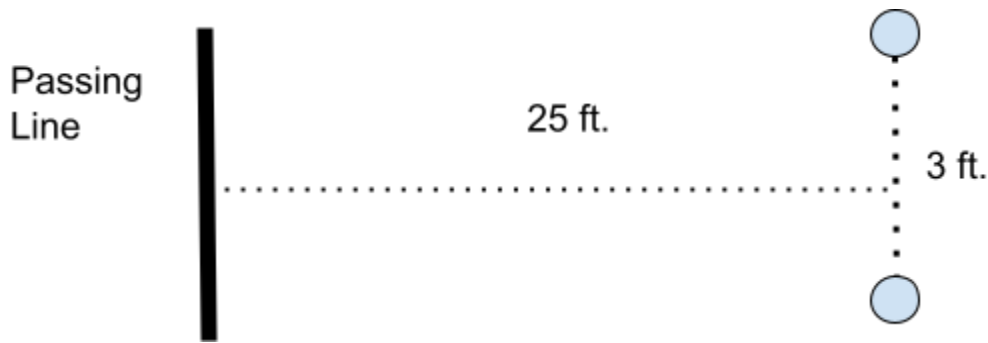
Scoring: Place ribbons will be given by:

- Scoring: Each puck which completely crosses the goal line into the goal is worth five points. The score is the total of the five shots; 25 points maximum. (If a puck is deflected from entering the goal by a previously shot puck and the official believes it would have been a goal, then the full 5 points may be awarded).
- How many pucks make it into the goal by 15 seconds in three rounds
- How many pucks make it into the goal in total 3 rounds (including extra time)



**Passing:** Description: Athlete makes five passes from behind a line. Athlete tries to pass the puck between two cones ( 3 feet apart) which are placed 25 meters from the passing line. Athletes will complete two rounds.

Scoring: Each time the puck completely crosses the line between the two cones, the athlete shall be awarded five points. If the puck hits the cone and completely crosses the line, the athlete shall be awarded three points. The athlete's total score is the sum of the scores from the five passes; 25 points maximum.

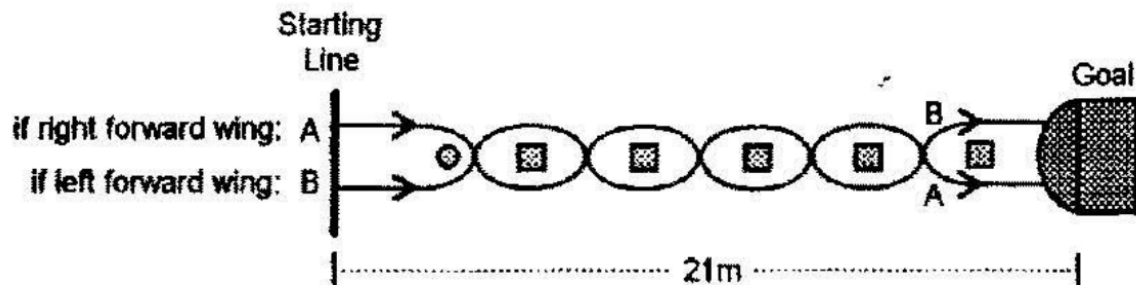


**Stickhandling:**

Description: An Athlete stickhandles the puck from a starting line through a course defined by cones, and shoots the puck at the goal. The distance from start line shall be 21 meters (approximately 70 ft.) . The cones shall be placed in a straight line at intervals of 3 meter (approximately 9 feet). The clock stops when the puck passes the goal line.

Scoring: The time consumed stickhandling is subtracted from 25. For any cones missed, subtract one point each. Five bonus points are given if the athlete scores a goal.

SCORING CHART	
25	
-	(time elapsed)
-	(1 pt. for each cone missed)
+ 5	(bonus if goal is scored)
TOTAL	



Shoot for accuracy:

Description: Athlete takes five shots on goal from behind a line that is 15 feet from and directly in front of the goal. Six sections are defined within the goal by rope or tape as shown in the diagram. The vertical ropes or tapes are hung 45 centimeters in from each goal post. The horizontal rope or tape is strung 30 centimeters above the floor.

The goal is divided into point sections as follows:

5 points for any shot entering the goal in either of the upper corners.

3 points for any shot entering the goal in either of the lower corners.

2 points for any shot entering the goal in the upper middle section.

1 point for any shot entering the goal in the lower middle section.

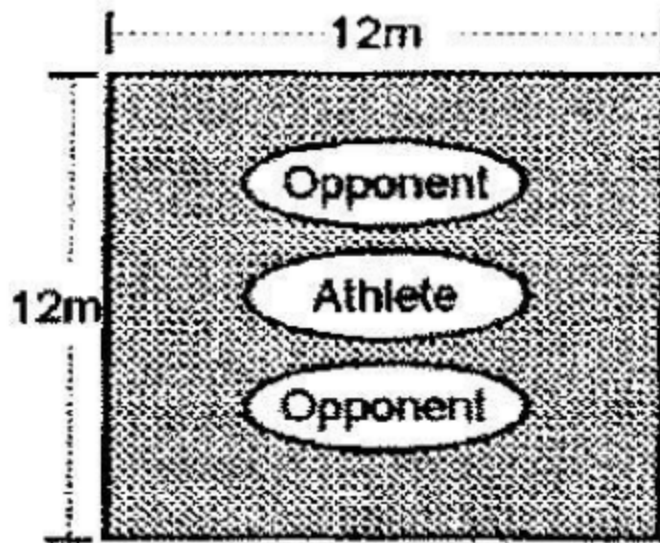
Each shot must completely cross the goal line into the goal for the athlete to receive any points, except if the rope or tape stopped the puck from crossing the goal line. In this case, give the point total for the lesser section. The score is the total of these five shots; 25 points maximum. 2 rounds will be completed.

5 pts.	2 pts.	5 pts.
3 pts.	1 pts.	3 pts.

Defense:

Description: Athlete gets two attempts to steal the puck (gain control of the puck) from two opponents who try to keep it away from the athlete being tested. Athletes have 15 seconds on each attempt to steal the puck which is passed between opponents stationed in the face-off circles in a half-playing surface area (12 m by 12 m).

Scoring: Each steal is worth 10 points (one steal for each attempt). If the puck is not stolen, the athlete may score up to: 1 point for pressing the opponents; 1 point for trying to stay between the opponents; 2 points for trying to stick check the opponent with puck; 20 points maximum.



**2 attempts to steal the puck  
15 seconds per attempt**