



**Greater Lehigh Valley
Pocono Region**

*Serving Berks • Bethlehem • Carbon • Lehigh • Monroe
Northampton • Schuylkill*

Welcome to Special Olympics Pennsylvania!

We are a nonprofit organization whose mission is to provide year-round sports training and competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympics athletes, and the community. Our programs are offered at no cost to participants.

School-based programs

Special Olympics PA offers sports training and competition opportunities for more than 1,000 athletes from the 13 school districts located throughout Northampton and Monroe counties within the Colonial Intermediate Unit 20. Athletes are trained during school hours in their Physical Education/Adapted Physical Education classes. Athletes attend local events and tournaments during the school day with their teachers and peers. All trainers and coaches are Special Olympics PA trained and certified.

Community-based programs

We also offer sports programming outside of the classroom and for students after graduation. We serve children and adults with no age limit for adults if they can participate. Practices and competition usually take place after school, evenings and/or weekends. More than 16 different sports are available by seasons of Fall, Winter and Spring. All trainers and coaches are Special Olympics PA trained and certified. For more information on Community Sports available in your area contact Cara Owens at 610-850-0449 or glvpr@specialolympicspa.org

Again, welcome to Special Olympics Pennsylvania!

Best,

Julie Benjamin
Executive Director
Greater Lehigh Valley Pocono Region

Special Olympics Pennsylvania - Greater Lehigh Valley Pocono Region

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