



Calendar of Events for 2017 - 2018

November 14	Floor Hockey North	East Stroudsburg HS South
December 7	High School Bowling South (snow date – December 8)	Hampton Lanes
December 9	New York City Bus Trip	Colonial IU 20
January 25	High School Bowling North	Blue Valley Lanes
January 28-30	Winter State Games	Johnstown, PA
February 6	Special Special North (snow date – February 13)	Wind Gap Middle School
February 14	Basketball Competition (snow date –February 15)	Freedom High School
February 17	Polar Plunge (Super Plunge Feb 16)	Easton, Pa
March 7	Gymnastics (snow date – March 8)	Easton High School
March 9	Middle School Bowling South	Hampton Lanes
March 23	Middle School Bowling North	Blue Valley Lane
March 25	Eastern Bowling Sectionals	Allentown, PA
April 5	Developmental Olympics	Shawnee Intermediate
April 14	Yard Sale	Liberty High School
April 19	Special Special South	Nazareth High School
May 3	Athletics South (Rain date--May 4)	Bethlehem Stadium
May 10	Athletics North (Rain Date--May 11)	East Stroudsburg HS South
May 23 May 31-June 2	Swimming Summer Games	Pocono Mountain West Penn State University
June 8 June 25	Preschool Meet Golf Tournament	Wind Gap Community Park Glen Brook

All local events will run from 10:00 a.m. until 1:00 p.m.

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MEDICALS

Please check to be sure that all of our athletes have Special Olympic Medicals on file. Medicals must be up to date and complete in order to participate in school based and community based programming.

All questions regarding physicals should be directed to Linda Lechner
LLechnerNCSO@gmail.com.

Teachers

Please make sure that parents are notified when their child needs a new or updated physical. Send originals to the IU office c/o Amanda Sechrist as soon as you receive them. Please include your name and program in the space provided on the center top of the form!!! Remember to carry copies of physicals with you at all events.

Instructions for Completion

Specific instructions and the required medical form can be found on the NCSO website under About Us/ Medicals.

www.ncspecialolympicspa.org

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Spread the Word to End the Word

March 7th, 2018

Spread the Word to End the Word is an ongoing effort by Special Olympics, Best Buddies and our supporters to inspire respect and acceptance through raising the consciousness of society about the R-word and how hurtful and disrespectful words can be toward people with intellectual disabilities.

The campaign, created by youth, is intended to engage schools, organizations and communities to rally and pledge their support at www.r-word.org and to promote the inclusion and acceptance of people with intellectual and developmental disabilities.

The annual day of awareness is held the first Wednesday of March. While most activities are centered on or near that annual day in March, people everywhere can help spread the word throughout their communities and schools year-round through pledge drives, youth rallies and online activation.

If you would like to hold a r-word campaign day at your school, please contact Amanda Sechrist asechrist@ciu20.org.

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Yard Sale

To Support

Northampton County Special Olympics

Specialty Items

Food

Trash to Treasure

Saturday, April 14, 2018

@ Liberty HS

7am - 12pm

Call Janine Page for a spot @

610.751.0513

\$10 per spot

ALL PROCEEDS GO TO NORTHAMPTON COUNTY SPECIAL OLYMPICS

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Bowling North

Bowling HS North took place on January 25, 2018 at Blue Valley Lanes in Wind Gap. Sixteen classes attended and all the participants had a great time!!

The classes included, Pocono Mtn East and West, Stroudsburg, Bangor, Colonial Academy, and East Stroudsburg. Everyone bowled their one game and received ribbons during the awards ceremony.

Our top bowlers, male and female in each category; using no bumpers, using bumpers, and using a ramp w/bumpers, each received a trophy!

A special thanks to all the supervisors for coming out to support our athletes!!

Also, a very special thank you to Linda & Amanda for all their hard work on making sure all the medicals are up to date which allows our athletes to continue to participate and have an amazing time!



2018 Winter State Games

The 41st Annual Special Olympics Pennsylvania (SOPA) Winter Games were held at the Seven Springs Mountain Resort in Champion, PA from January 28th-30th. Eight NCSO athletes competed in the Alpine Skiing Giant Slalom and Super G events. Training for these events began in early January at Blue Mountain Ski Resort in Palmerton, PA. Each week, the NCSO ski team worked hard to improve their skills for competition. Coaches worked with athletes on turns, speed control, body placement and maneuvering through gates.

At Winter Games, athletes put these skills to the test against Special Olympic athletes from across the state. Everyone tried their hardest and were “brave in their attempts.” In between competition, athletes had a lot of fun seeing a firework display, attending the victory dance and playing games at Olympic Village.

At the awards ceremony, NCSO athletes were rewarded with 10 gold, 3 silver and 2 bronze and 3 fourth place.

Congratulations to all the athletes and their coaches!



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2018 Winter State Games



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A cartoon polar bear wearing a blue scarf is shown in mid-air, jumping into a pool of water. The water is depicted with blue and white waves and ripples. In the background, there are stylized mountains and a light blue sky. The Special Olympics Pennsylvania logo is visible in the upper right of the illustration.

**Special Olympics
Pennsylvania**

**LEHIGH VALLEY
POLAR
PLUNGE
AT SCOTT PARK
2.17.18**

Registration 9:30am | Plunge Town 9:30am - 1:00pm
\$50 minimum donation, FREE to spectators, FREE parking

REGISTER AT PLUNGEPA.ORG | Use sign-up code: _____

#LehighPlunge

f PolarPlungePA