

Dear Parents,

It is time to begin preparations for Special Olympics. Your child needs a new/updated Special Olympic physical. This form will then be good for three years, unless there is a change in health status. We prefer to have this form on file at least one month before our first Special Olympic event. Our class will be participating in: **(please list your events and the dates of the events)**

Please contact me with any questions.

Instructions

- All contact information/ phone numbers must be clearly and accurately written.
- SS number is **NO LONGER** required and should **not** be included.
- It is preferred but not required that the insurance information section (company name and policy number) be filled in.
- It is preferred that the immunization information be filled in.
- **All Health Information** must be circled with a YES or NO. This section is to be filled out by the parent/guardian.
- The Medical Certification is to be filled out by your health care provider (or school doctor if one is available). This section must include the health care provider's name, address, phone number, date of physical and the signature from an MD, DO, CRNP, FNPs, or PA. If possible, please have the medical care provider fill out the blood pressure and pulse reading found in the Health Information section.
- List all medications prescribed for the student/athlete.
- Be sure to sign the Release on the back of the form. If an adult athlete signs the form (age 18 and older) please include the name of the adult witness.