

## Dear Parent,

Your child has no Pennsylvania Special Olympic record on file or their physical is expired/about to expire. In order to participate in upcoming Team Northampton Special Olympic events, an Application for Participation, which includes a Sports Physical exam to be filled out by a medical professional, will need to be completed. We realize that this is a very long and detailed form. It can be completed online or in a printed format. Information on how to complete this process can be found below as well as on the Team Northampton website [www.ncspecialolympicspa.org/athlete-registration](http://www.ncspecialolympicspa.org/athlete-registration). We look forward to working with your athlete!

### Overview

- All new athletes and athletes needing updated physicals must complete an athlete registration form prior to participating in a Special Olympics event.
- Athlete registrations are kept on file in a statewide database as well as with Team Northampton. If registration information is not entered or incomplete, the athlete is not approved for participation.
- Plan for your family medical professional to complete the Sports Physical Exam. If completing online, the required form will be emailed to you once the online registration form has been completed.
- More specific instructions are provided below under **Helpful Information/Instructions** for the online format as well as the printed version for those unable to complete the online version.

If at any time you need assistance with this, please contact Linda Lechner at [llechncso@gmail.com](mailto:llechncso@gmail.com) or use the link listed at the bottom of this page.

### Link to online **Application for Participation**:

<https://medform.specialolympics.org/instructions?form=0000015f-49d8-d70c-a77f-69dd60ef0000>

- Step 1: Complete the online application. This must be completed in one sitting so be sure to gather required information (listed below in Helpful Information) before beginning the process.
- Step 2: Visit a Medical Professional. The required form will be automatically emailed to you after the application has been completed.
- Step 3: Download the forms. Do not hesitate to ask for assistance if needed!

## Helpful Information/Instructions:

- Application/medicals are good for 3 years
- Your child's teacher will provide a paper copy on request.
- Completed paper application forms should be handed in to Amanda Sechrist, a current coach or teacher. They can also be dropped off or mailed to the following address: Team Northampton Special Olympics 6 Danforth Drive Easton, PA 18045 If none of these options work for you, special arrangements will be made. Just let us know!
- The forms should be filled out by the person who can give the most complete and accurate account of the athlete's medical history. That might include the athlete themselves, the parent or guardian, or a caregiver. If the athlete cannot sign legal documents, then the person completing the form should be able to legally sign on behalf of the athlete.
- Prior to completing, it would be helpful to gather the following information: immunization records, medication/vitamin/dietary supplement lists, allergies and dietary restrictions, past surgeries and infections, family medical conditions
- Page 2- general demographic and contact information. State Special Olympic Program = PA , Local Area/Delegation = Northampton County
- Page 3- Release form and important details about participation
- Page 4- **Optional** Likeness release form for Sponsors
- Page 6 or 7: **EMERGENCY MEDICAL CARE REFUSAL FORM, required ONLY if on the Athlete Release Form athlete or parent has selected "I have a religious or other objection to receiving medical treatment" and/or "I do not consent to a blood transition."**
- Pages 8-16: SELF-IDENTIFICATION STATEMENTS AND POLICY ACKNOWLEDGMENT, reviews Special Olympics Pennsylvania policies. We understand that many of our school based athletes are not involved in competitions requiring travel and/or overnight stays. Special Olympics requires that all involved read and acknowledge receiving information on these policies. Pages 8,11 and 16 require filling out and/or signatures.
- Pages 17-18: Athlete health history
- Page 19: SPORTS PHYSICAL EXAM FORM: to be completed by an authorized medical personnel to include MDs, DOs, CRNPs, FNPs, and PAs. This must be taken to a medical professional for completion. No private physical forms can be accepted.
- Page 20: MEDICAL REFERRAL FORM **Required ONLY if an athlete requires further examination** due to a concerning health issue before clearance can be determined.

### Link to PDF Application for Participation:

[https://drive.google.com/file/d/1C0TzuvCmm2Mk2p9B\\_TWYY4mtx\\_bhf12L/view?usp=sharing](https://drive.google.com/file/d/1C0TzuvCmm2Mk2p9B_TWYY4mtx_bhf12L/view?usp=sharing)

